



My Curriculum Map

2025/2026

	TERM 1		TERM 2		TERM 3	
Nursery	Introduction to PE : Unit 1	Fundamentals : Unit 1	Gymnastics : Unit 1	Ball Skills : Unit 1	Dance : Unit 1	Games : Unit 1
Reception	Introduction to PE : Unit 2	Fundamentals : Unit 2	Gymnastics : Unit 2	Ball Skills : Unit 2	Dance : Unit 2	Games : Unit 2
Year 1	Fundamentals	Dance	Gymnastics	Yoga	Striking and Fielding Games	Target Games
	Team Building	Fitness	Sending and Receiving	Ball Skills	Invasion Games	Athletics
Year 2	Fundamentals	Fitness	Gymnastics	Invasion Games	Ball Skills	Striking and Fielding Games
	Team Building	Yoga	Dance	Sending and Receiving	Target Games	Athletics
Year 3	Rugby	Ball Skills Y3/4	Gymnastics	OAA	Tennis	Athletics
	Fundamentals Y3/4	Dance	Fitness	Handball	Dodgeball	Hockey
Year 4	Rugby	Swimming	Dance	Basketball	Football	Athletics
	Swimming	Fundamentals Y3/4	Gymnastics	OAA	Ball Skills Y3/4	Fitness
Year 5	Dance	Basketball	Gymnastics	OAA	Cricket	Volleyball Y5/6
	Swimming	Swimming	Fitness	Badminton Y5/6	Netball	Athletics
Year 6	Dance	Badminton Y5/6	Gymnastics	OAA	Dodgeball	Athletics
	Fitness	Handball	Cricket	Volleyball Y5/6	Netball	Rounders